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The Relationship between the Teachers' Personality Characteristics and Burnout Levels

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ABSTRACT The present research investigates whether there is a relationship between personality characteristics and burnout levels in specific field of educational organizations. Five Factor Personality Model was used to determine personality characteristics. The research model is a relational survey model. The universe of the study consisted of the 926 teachers, working in primary schools in Kütahya city center. Random sampling method was used to select the sample. The sample consisted of the 303 teachers. The data gathered The Five Factor Personality Scale and Maslach Burnout Inventory. As per the result, participants demonstrated highest participation regarding personality characteristics respectively in conscientiousness, agreeableness, and openness to experience, extraversion and emotional stability dimensions. Participants' emotional exhaustion levels are at the medium level, while reduced personal accomplishment and depersonalization levels are low. Statistically significant middle to low level negative correlations was found between teachers' personal characteristics and burnout levels. Thus, it is analyzed that increase the teachers' positive views about personal characteristics, their burnout levels decrease.